



THALA-SOURCE®

A RECONNECTION TO WHAT'S ESSENTIAL: NATURE & YOUR INNER NATURE

Fond of thalassotherapy? How about selecting thala-source® in Auvergne?
Starting from a play on words with the willing to offer more than a massage, a real care on a whole morning (to answer some of our most faithful guests' wishes), using the healing and beneficial properties of the volcanic land for your health and wellbeing, thala-source® has come true.

With thala-source®, « instants d'Absolu » definitely is a promise of escape, emotion & inspiration on this isolated high mountain pastures plateau.

The isolation in itself participates to relaxation while this 12 room small structure offers quite a "cocooning" and caring stay.

Here, no waiting room but **an individualized care on a couple basis**.

Here, not sea-water, but **our mineralized spring water**.

Our offers are - on the basis of 2 persons – **on a 1 to 3 day care**. All prices are per person. Accommodation & dinner & breakfast are extra (depending on the type of room). **This is also quite possible to enjoy the thala-source® with a friend on a 2 room-booking.**

WHAT IS A SESSION OF THALA-SOURCE® LIKE?

Our offers - on the basis of 2 persons – include daily in the morning:

a hydro-type care: body scrub, body wrap, face scrub & mask

+ a dry-type care: massage or energy treatment

+ a bath with essential oils,

herb-tea

+ a Vitality lunch consisting of a green smoothie accompanied by green delicatessen and a naturally sparkling water from Auvergne.

Apart from volcanic ur cares are done with bio oils and cosmetics.

Please advise us of any health problems, allergies or injuries that could impede the smooth running of your treatment, while taking into consideration that it is not medical care we provide but pure wellness by touch and/or work on vital energy.

Kindly send your requests for thala-source® at the soonest by email to:
info@ecolodge-france.com

Sales & Cancellation Conditions:

Cancellation conditions are the same as for the accommodation: € 15 of expenses fee in case of cancellation over 30 days ahead ; the deposit is lost less than 30 days ahead of your stay (1 night minimum, thala-source® excluded until 72 hours ahead).





PURE WELLNESS ON A VOLCANIC LAND

*Willing to offer yourselves a special moment during your next stay?
Moments of total wellness, just for the two of you? Enjoy thala-source®!*

Thala-source® from 9:00 am to 1:00 pm. € 195 € per person, basis 2 persons

In the afternoon, time is free for...

... walks - we will provide you with a map so that you may enjoy hiking from the ecolodge (possibly with a pair of snowshoes in winter time) – unless you would like to go on an excursion with a guide,

... reading – our library in the lounge is at your disposal, mainly with French books (you will find masterpieces of various backgrounds: Tibetan Buddhist masters, Sufis and other followers of shamanism and reconnection to the Earth and Sky. Eckart Tollé, Thich Nhat Han, Arnaud Desjardin, Jean-Yves Leloup...) while letting yourself be invited to introspection -,

... daydreaming, rediscovering the taste of idleness,

... knitting - alpaca & Angora wools are available at the reception (needles on loan). Benedicte, who works at the ecolodge, raises Angora goats in her spare time. She will be happy to give you the instructions for your next scarf unless you would like her to knit it for you, made-to-measure.

**Extra day
(max. 3 days)**

+ € 195 per person, basis 2 persons



**THALASSOTHERAPY LIKE IN AUVERGNE
AS AN EXCLUSIVE OFFER**